

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>January 2021</h1>				1 Paul Revere born, 1735 Betsy Ross born, 1752
4 Isaac Newton born, 1643 Louis Braille born 1809  Chicken Swedish Meatballs	5 George Washington Carver Recognition Day  Yankee Pot Roast	6 Poet Carl Sandburg born  No Delivery, use extra meal	7 First U.S. Presidential Election held, 1789  Chicken Pot Pie	8 Elvis Presley born, 1935  American Chop Suey
11 Amelia Earhart flew solo across the Pacific, 1935  Salisbury Steak	12 Work Harder Day! Jack London born, 1876  Curry Chicken	13 Make Your Dreams come True Day  No Delivery, use extra meal	14 Revolutionary War ended 1784  Beef Stroganoff	15 First Super Bowl Played 1967 Green Bay over Kansas City 35-10  Macaroni & Cheese
18 <b>Martin Luther King, Jr. Day</b>  <b>Senior Center Closed</b>	19 National Popcorn Day  Spinach & Cheese Frittata	20 Inauguration Day  No Delivery, use extra meal	21 First Commercial Supersonic Concorde Flight 1976  Hot Dog	22 Brien Wildsmith born, 1930  Chicken w/ Cranberry Sauce
25 First Winter Olympics held, 1924  Ribecue	26 Australia Day, first settled in 1788  Oven Fried Chicken	27 National Geographic Society founded 1888  No Delivery, use extra meal	28 Jackson Pollock born in 1912  Dijon Crusted Pork	29 Baseball Hall of Fame is established 1936  Stuffed Pepper

*Don't stop moving! What a great New Year's Resolution!*

*Nia with Linda Wilkes—No Impact Fitness for Any Age. It's easy!*

*Studio 1623—Channel 12*

*Mon, Wed, Fri, Sun at 8:00 a.m. & Tues, Thur, Sat at 6:00 p.m.*