

A Meeting of Champions for Healthy Eating and Active Living for all on Cape Ann
Monday October 15, 2018 9:00 am - 10:30 am
Annex 1 - Cape Ann Transit Authority Conference Room, 3 Pond Road, Gloucester
Use the entrance on the side of the building for entrance to the conference room. Conference room will be down the hall of the first floor on the left.
Please RSVP by October 12th: Jennifer Donnelly, jdonnelly@gloucester-ma.gov, (978) 325-5264
Healthy refreshments will be provided - please make me aware of any food allergies

Meeting Agenda

- 9:00 am** **Welcome / Introductions**
- 9:05 am** **Mass in Motion Coordinator's Statewide Meeting update & upcoming webinars**
- 9:10 am** **FY 2019 Short Term SMART Goals selection**
- **Activity for all in attendance to select 1 or 2 goals from our FY 2019 Work Plan for each of our 3 strategies.**
 - **Strategies are Active Transportation, Age Friendly Community, and Food Planning.**
- 9:30 am** **Strategy Group Work**
- **Review goal(s) selected for each strategy.**
 - **Break off into groups to work on an activity or activities designed for the goal(s) selected.**
 - **Groups will rotate so all partners in attendance will be exposed to each strategy and designated activity.**
- 10:05 am** **Review of Strategy Group Work**
- **Review brainstorming and assigned activities**
 - **Who else do we need to include in working on this goal?**
- 10:25 am** **Wrap Up & Next Steps**
- **Minutes with action plan will be sent out after meeting.**
- 10:30 am** **Adjourn**

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Goals for this Meeting

1. We will decide as a group for each strategy listed what short term goal or goals we will start working on based on FY 2019 work plan.
2. We will work in groups on activities that will start us working towards short term goals selected. Assignments will be delegated as relevant to available partners.