



2018 JUL -6 PM12:14
CITY CLERK
GLOUCESTER, MA

**A Meeting of Champions for Healthy Eating and Active Living for all on Cape Ann
Monday July 16, 2018 11:30 am - 1:00 pm**

Addison Gilbert Hospital - Women's Health Conference Room, Gloucester, MA

Use the front Washington Street entrance, conference room is on the first floor

Please RSVP by July 12th: Jennifer Donnelly, jdonnelly@gloucester-ma.gov, (978) 325-5264

Meeting Agenda

- 11:30 am Healthy light lunch and refreshments will be provided**
- 11:45 am Welcome/Introductions/Moving Moment**
- 11:55 am Cape Ann Mass in Motion Presentation**
- What is Mass in Motion?
 - How has Cape Ann Mass in Motion impacted communities?
 - Notes from Mass in Motion Statewide meeting
 - Fishbone/Root Cause Analysis/Data Dive Summary
 - Cause and Effect Statements / Priority Populations
 - Q & A
- 12:30 pm Selecting Cape Ann Mass in Motion FY 2019 Strategies**
- Exercise to provide input on strategy selection that Cape Ann Mass in Motion will work to address in fiscal year 2019.
 - Designing a work group for each strategy based on who should be involved and interest of champions in topic.
- 12:55 pm Wrap Up & Next Steps**
- Meeting minutes with action plan of next steps along with a champion networking communication piece will be distributed to all via email
- 1:00 pm Adjourn**

Goals for this Meeting

1. This is a re-launch of the Cape Ann Mass in Motion Coalition along with introducing new community members interested in advancing healthy eating and active living on Cape Ann.
2. We all will have an understanding of the prior work that Cape Ann Mass in Motion and its coalition of champions has done.
3. We will develop three key strategies with the focus of two around physical activity and one around healthy eating or vice versa that will drive the work of Cape Ann Mass in Motion for FY2019.
4. We will identify Cape Ann Mass in Motion coalition members both new and old and others we need to bring to the table for work groups on each of the three strategies.