



Gloucester Council on Aging
Tuesday, October 4, 2016
9:30 am

Rose Baker Senior Center
6 Manuel F. Lewis Street
Gloucester, MA 01930

CITY CLERK
GLOUCESTER, MA
2016 SEP 29 AM 8:11

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AGENDA

1. Approval of Minutes September 6, 2016
2. Flu shots offered by Board of Health, over 300 provided – Lunch provided for volunteers
3. Bingo – New machine is needed – players raising funds
4. Letter regarding DPW and Annual Barbecue
5. Open Enrollment starts
6. Unveiling of the final “Community of Neighborhoods” Quilt- Monday, October 17
2:00 pm, Ice Cream Social and Ole Salty Jazz Band
7. New RBSC Programs in October
 - a. Five Wishes Making Decisions When it Matters Most – Wednesday, October 19 10:00
Offered by
 - b. A Matter of Balance – 15 signed up, offered by Beverly Hospital to manager falls, without charge
 - c. AGH offers new grant and will continue Longevity Training sessions, but will be renamed.
 - d. Having Issues With Your Computer? Tuesday afternoons 2 – 4
 - e. Supportive Day Care “Time for You Program” offers caregivers time for respite 1 – 3 hours, cost of \$16.00
 - f. Improve your Posture starts Thursday, October 13
 - g. Cape Ann Trails Launch Date, Friday, October 14, 4:00 pm Mayor Theken boards CATA bus from RBSC to Seine Field in East Gloucester.
8. Wednesday Salad Bar – Began on August 24
9. The space issue - Americold
10. SeniorCare, Inc. Discussion Review - Valerie Gilman
11. Other items from Board Members

Next Meeting is scheduled for Tuesday, November 1, 2016 9:30 am

The listing of matters is those reasonably anticipated by the Chair which may be discussed at the meeting. Not all items listed may in fact be discussed and other items not listed may also be brought up for discussion to the extent permitted by law.