

**CITY OF GLOUCESTER**  
**Council of Aging**  
**Minutes of the Meeting**  
**July 2<sup>nd</sup>, 2019**  
**Rose Baker Senior Center**  
**6 Manuel F. Lewis Street, Gloucester, MA 01930**

Board members present: Chairperson: Jay Gustafarro; Selma Bell; Karin Carroll; Roseanne Cody; Valerie Gilman; Susan Goodall; Barry McKay; Bob Quinn, Rosalie Nicastro, Food Inspector and Senior Center Executive Director: Lucy Sheehan. Absent: Mike Hale. Vice-Chairperson: Fred Cowan; and Tony D'Antonio.

Also present Jennifer Donnelly: Health Department, Mass in Motion grant;

The audio of the meeting is being recorded.

**APPROVAL OF MINUTES**

**MOTION** by Ms. Gilman to table the Gloucester Council of Aging minutes to allow for corrections to the Mayor's comment regarding the newsletter, Ms. Goodall's name, the paint color of the exterior of the building, and the application for kayaks are available at Harbor Loop of the meeting of June 2, 2019. **Seconded** by Ms. Carroll. **CARRIED.**

**OLD BUSINESS**

**MASS IN MOTION** - *Jennifer Donnelly* from the Health Department gave a brief presentation and update on the Mass in Motion program. She stated that one initiative that they have been focusing on is more access for healthy food and physical activity for seniors. She stated that they applied for two grants to assist in this initiative and they were awarded both. She stated that the funding for this grant can only be used to assist senior to access for physical activity and access to healthy food choices. She stated that they are trying to focus on seniors who live at senior housing areas or low income seniors. She stated that they are looking to hire a part-time position to assist in the program. She stated that she would like to survey some seniors that live at senior housing to gather some feedback as to what types of activities they would like to do. *Ms. Gilman* responded that she has a list that she will share but it is not just limited to healthy destinations. *Ms. Carroll* stated that if there are any restrictions on the van such as which days of the week it is available, they need to have that information as soon as possible. *Ms. Gilman* suggested that ward councilors have a session at the senior housing complexes to speak with the seniors about the survey after they receive it.

The board discussed asking the hospital to allow for more seating for their senior lunches. *Ms. Nicastro* stated that there is no more room in the cafeteria at the hospital to allow for more seniors to attend.

**DEMENTIA STEERING COMMITTEE-** *Ms. Carroll* stated that the Dementia Steering Committee has their action plan and there is no further update. *Ms. Sheehan* stated that she attended a meeting yesterday where they went over suggestions for next steps.

**ANNUAL MEETING-** *Ms. Goodall* stated that they sent the bylaws to the Legal Department, then the to the City Clerk and then she found out that the City Council had never approved them, so she needed to take them back to the City Clerk and they will go on the City Council agenda for approval. *Ms. Gilman* stated that she will look at what came from the Legal Department and then it should be referred to O & A for approval. She stated that she will look into moving it forward. She stated that all City boards should be having elections every year. The board agreed to have elections in October as their bylaws state. *Ms. Gilman* stated that she will speak to the Mayor on the issue of elections and check the Gloucester Code of Ordinances for a specific election date.

### **NEW BUSINESS**

**BOARD DEVELOPMENT COMMITTEE-** *Ms. Carroll* suggested that the Council of Aging create a Board Development Committee. *Ms. Gilman* suggested that *Ms. Cody* take lead on the Board Development Committee. *Chairperson Gustafarro* volunteered to be on the committee.

### **CONCERNS OF BOARD MEMBERS**

**Parking lot AT SENIOR CENTER-** *Mr. Quinn* stated that the parking lot came out beautiful at the Senior Center.

**MOTION** by *Ms. Gilman* that the Gloucester Council of Aging have *Ms. Sheehan* send a thank you note on their behalf to the *Joe Lucido* and the DPW for their work on the parking lot.

**Seconded** by *Ms. Carroll*. **CARRIED.**

**COA MEETING-** The next Council of Aging will be at 9:30 a.m. on August 6, 2019.

**MOTION** by *Ms. Gilman* to adjourn.

**Seconded** by *Ms. Goodall*. **CARRIED.**

Meeting Adjourned – 10:30 a.m.

Respectfully submitted,

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Bobbi Orlando

Accepted by

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Jay Gustafarro Chairperson